

SUGGESTED PACKING LIST FOR TANZANIA 2023

Clothing:

2 x long sleeved lightweight shirts
2 x lightweight hiking pants (jeans not advised)
1+ pair shorts
3+ x short-sleeve tops
Sun hat
1 warm top layer Fleece/jumper
Waterproof jacket
Summer hiking socks
Walking boots
Sandals or flip/flops
Underwear
Swimsuit (one of our campsites should have pool access)
Pyjamas or sleep clothing

Outside the hotel in urban areas: everyone should dress conservatively. No knees or shoulders visible, please, to be respectful of conservative elements in Tanzanian society.

Cold conditions: the coldest locale we encounter is the caldera boundary of Ngorongoro Crater. This can be windy and cool. If raining, it might feel cold.

Ancillary items

Personal wash kit inc: travel soap, travel towel, toothpaste etc
Prescribed travel medicine or any personal medication (e.g. epi-pens)
Small first aid kit for scratches, scrapes and blisters

Sleeping bag – night temperatures may be cool (e.g. ~10-15 deg C)
Thermarest or similar sleeping mat

Sunglasses
Lip balm
Water bottle
Writing materials
Reading book
Photocopies of passport, vaccination information, etc.
Sunscreen
Insect repellent
Flashlight (consider its battery requirements)
Binoculars + camera